

Advanced Color Workbook

Advanced color challenge

WEEK 1

This is based on you working through the table and identifying your colour contrast levels. The posts for this week are for you to clarify how your predicted outcome works for you in practice. Label your outfits #AdvColWeek1/1

WEEK 1

1. Post a headshot /portrait photograph showing you hair, skin and eyes.

Identify each element of your skin, hair and eyes as either coloured or neutral.
Analyze and share your conclusion on your colour contrast.

2. Create an outfit based on your colour contrast outcome.

Did you feel it complimented your personal colouring or had either too much or a lack of colour for you?

WEEK 2

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1. Try to choose a different combination from your colour contrast outcome you did in week one. Either create an outfit that is either

* two colours and a neutral or:

* two neutrals and a colour.

Try to identify what level of colour your feel comfortable with in your outfit. As an accent? Complimentary? Or dominant? The coloured item(s) could be clothing, or accessories ; or both.

2. Create an outfit that is two parts of a split complementary colour scheme. Add a neutral if you wish.

Did you like this much colour in your outfit?

WEEK 3

WEEK 3

1. Create an outfit that is all neutrals.

Analyse your outfit and decide if you feel good in or prefer more colour?

2. Create an outfit using three colours from a tetradic or a quadrilateral colour scheme.

The coloured item(s) could be clothing, or accessories; or both. It might even be colours within a pattern.

WEEK 4

WEEK 4

1. Create an outfit that is in your seasonal or tonal colour.

E.g. composed of soft muted colours, a cool toned outfit. Did it feel in harmony with your coloring?

2. Putting it all together! Create an outfit that works to your seasonal palette, your value contrast and your colour contrast.

Keep tweaking your outfit until it feels good to wear and you are happy with it. It is as important to consider the colour units as underpinning knowledge, tools in your style box of knowledge, and not rules. Aim to ensure your personality is still the major factor that makes an outfit feel good for you.
