

Advanced Color Workbook

Color Contrast levels

This is based on you working through the table and identifying your color contrast levels.

1. Take a headshot /portrait photograph showing your hair, skin and eyes.

Identify each element of your skin, hair and eyes as either colored or neutral.

Analyze and share your conclusion on your color contrast.

2. Create an outfit based on your color contrast outcome.

Did you feel it complimented your personal coloring or had it either too much or a lack of color for you?

3. Choose a different combination from your colour contrast outfits one and two.

Create an outfit that is either

* two colours and a neutral or:

* two neutrals and a colour.

Try to identify what level of color you feel comfortable with in your outfit. As an accent? Complimentary? Or dominant? The colored item(s) could be clothing, or accessories; or both.

4. Create an outfit that is two parts of a split complementary color scheme. Add a neutral if you wish.

Did you like this much color in your outfit?

5. Create an outfit that is all neutrals.

Analyse your outfit and decide if you feel good in it or prefer more colour?

6. Create an outfit using three colors from a tetradic or a quadrilateral color scheme.

The colored item(s) could be clothing, or accessories; or both. It might even be colors within a pattern.

7. Create an outfit that is in your seasonal or tonal color.

E.g. composed of soft muted colors, a cool toned outfit or bright spring colors. Did it feel in harmony with your coloring?

8. Putting it all together! Create an outfit that works to your seasonal palette, your value contrast and your color contrast.

Keep tweaking your outfit until it feels good to wear and you are happy with it.

It is important to consider the color units as underpinning knowledge and a tool in your style box of knowledge, and not as rules. Aim to ensure your personality is still the major factor that makes an outfit feel good for you.
